



Voice of the nonprofit sector

Pillar Nonprofit Network supports nonprofit organizations in fulfilling their missions in our community.

We provide leadership, advocacy and support to the nonprofit sector through the promotion of volunteerism, professional development, networking, and information.

www.pillarv.com

Project funding was provided by Canadian Heritage through its Multiculturalism Program.



Canadian Heritage
Patrimoine canadien

Funding to print this pamphlet was provided by the City of London through its Community Services Innovation Fund



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Volunteering for new Canadians...



a great start
to your new life.



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Volunteering

- Is giving of your time and skills to a nonprofit organization
- It may involve filling out an application form, police check and/or having an interview

How to get involved

To find a place to volunteer:

- Visit www.pillarv.com and search for volunteer opportunities in London
- Ask friends and relatives for suggestions
- Visit nonprofits in London to find available volunteer positions
- Consider volunteering at an organization whose services you may use

Benefits of volunteering

Volunteering can provide you with opportunities:

- To help others
- To build your job skills
- To increase your social network
- To give back to the community

Benefits you can provide to an organization

A volunteer:

- Offers a different perspective
- Relates to the clients they serve
- Provides new skills to the organization
- Reaches people the organization would not otherwise reach

Volunteer activities

It is important, as a volunteer, to find something that interests you and allows you to use your skills to help the organization.

As a volunteer, new Canadians can:

- Provide care and support
- Perform office/administrative/clerical work
- Provide information
- Teach/coach/tutor
- Organize or supervise events
- Act as committee members
- Collect/serve/deliver food
- Act as board members
- Canvass, raise funds
- Perform maintenance/repair
- Help at school
- Coach a sports team
- Offer support at a religious or cultural centre

How nonprofits can help new Canadians volunteer

A volunteer organization can help you:

- Learn more about Canadian culture
- Improve your English skills
- Find job opportunities

Volunteering is a great way to adjust to life in Canada.

When you are ready, find a volunteer placement that is right for you and have fun helping others!

“When I started volunteering it was primarily to gain Canadian experience and to keep myself busy.

I was able to interact with people on the phone and learn about the problems that new immigrants face and how the nonprofit sector can change their lives.”

Jayashree, who volunteered at Pillar Nonprofit Network as an Administrative Assistant

“Volunteering gave me the self-confidence I had lost along the way trying to adapt to this new culture. Now I am ready to enter the job market and I expect to be successful.”

Zulma, who volunteered at Thames Valley Children's Centre

“The volunteering I did at Pathways enabled me to explore new fields as well as learn about the work environment in Canada. It helped me feel better about myself and increased my self-esteem and self-confidence. Through volunteering at Pathways, I was able to secure a full-time paid position.”

Mauricio, who volunteered at Pathways and now is an employee